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SPEAKERS

Molly Knight, Bass Tadros

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- M** Molly Knight 00:18
I'm going to talk with Bass Tadros. Bass is in Western Australia. He's a mindset coach, clinical hypnotherapist and the author of "Three steps to inspiration for life", which sounds rather wonderful, doesn't it? And tonight, it's a little bit of a surprise. Bass before I welcome you, I just want to let you know that I have the honor of telling you that on behalf of the Health Australia Party, that you are officially chosen as our first candidate to run for the Health Australia Party in the West Australian state election next year. So congratulations, Bass. Well,
- B** Bass Tadros 01:32
thank you. You heard it here first. Is that the is that the go?
- M** Molly Knight 01:36
See, that's exactly yeah. And we're very excited to have you on board. And I'm quite confident that turn you know with you on board, we can do some really good things.
- B** Bass Tadros 01:47
Thank you, Molly. It's a it's an honor and a privilege to be part of Health Australia Party. And it's, um, it's definitely a great opportunity to make the difference that I'd like to make.

I'll talk to you a bit more about that as we go on here.

M

Molly Knight 02:01

Lovely. Thanks. First. I'd like to start off best if we can by leaving our members and our viewers learn a little bit about you. So could you tell me a bit about your background and you know, where you living and how you live and what you do and you've done some marvelous things with your your mind set coaching and your books that you've written? Um, can you tell us your background Philistine? So we know best?

B

Bass Tadros 02:30

Yeah, sure. I was born in Egypt and Bass is actually short for Bassam. So Bassam Tadros is my full name and Bassam in Arabic, it actually means smiley, the word Bassam comes from the word smiling. So I think it's it's my nature to smile, that there has been lots of challenges in life and one of the best things I've learned is to smile at those challenges as well. To be an unconditional smiler if you like. I like that. And, you know, I found that in my mid 20s, I was having a midlife crisis. I didn't know what a midlife crisis was back then To be honest, but I don't think I referred to it as my midlife crisis see that but you know, I was in corporate I worked for a wonderful company, that is a fortune 500 companies in the top five of the Fortune 500 companies. The company's brilliant and they gave me plenty of opportunities. But at that point in my life, I was actually at my lowest I'd had a relationship breakdown my parents his relationship with broken down, they've been divorced. After 20 years of marriage, the stress at work was getting to me call call that corporate stress. And as a me 20 something year old, I was looking around me down, where are the solutions? Like, what what can I do different? And how can I improve my life? How can I get my smile back because I definitely wasn't smiling at that time. And it was affecting me so much, or the stress that I'd actually lost a lot of my confidence. And I found that very hard at the time, I probably didn't talk about it at the time or try and diagnose it. But I found it very hard to even get up in meetings in the corporate workspace that I worked in introduced myself. So if you can imagine I was in struggle town big time. And I didn't know who to talk to who to trust. And, and I remember one day because in corporate you get offered, I can't remember exactly the correct terminology, but counseling, a or EP or whatever, I think different companies have different terms for but um, I went and spoke to a counselor he could it could have been a psychologist for what I remember. And as soon as I started speaking, he can't be off and said, Where are you from? Again, like, and I said, What do you mean, what area do I live? Or where do I work? What do you mean, is like, Where did you come from? And I said I was born in Egypt, because all people from your region from your part of the world tend to exaggerate and and I remember that it really hurt me, it broke down the the spirit or the enthusiasm that

got me there to sit down and speak to that guy at that time. And I thought if this is counseling or psychology, thank you and No thank you, I don't want this service. Walking out of there feeling pretty uncomfortable. But I still had to find my smile. And at the time, I remember thinking, so what do people and I was thinking as a young man, what do young men do when they're in struggle town, you know, and the things that looked like the options at the time, like A, B, C, and D, were alcohol, drugs, or suicide. And I thought none of those sound like solutions. They sound like they're, they're bigger problems. So So what I did, I started looking at where did all my struggles begin, and I thought, maybe my mindset so if I could change my mindset, I could potentially get a grip on my life and create some better outcomes. So I studied hypnotherapy and NLP, which is neuro linguistic programming. And to me at the time, that was the biggest shift I could have had in the right direction. And something shifted so much so that when I went back to work, people said to me, not that I took any time off, but it was just out for the cause. People said, you've done something different. What have you done, if you had a haircut, if you lost weight, something was changed. And so people will buy me coffee booking meeting rooms to just have a talk and some would talk about their problems at home, some will talk about their problems at work. And I found this new lease on life where I found my smile, perhaps that's what had happened. It's the first time by the way I've ever referred to the store with the smile context. So you've brought that out Bali.

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Molly Knight 06:54
Everything denies

B

Bass Tadros 06:55
there is. And so I, I really enjoyed that part of what I was doing. And I started seeing a difference in people's lives after our conversation. So I started to create a plan or program that came on the basis of this question. The question was, and I just asked myself, I'd said, Why didn't I know the things that I know now? Like, why didn't I know what I learned through hypnotherapy? And NLP? Why didn't they teach me that at school, the coping mechanisms? And the answer that came back it was very swift. It said, if you think this is worthy enough of teaching go out and teacher. So I created some plans. And you know, I had a couple of investment properties and mortgage and some other responsibilities. I couldn't just resign. So I made some plans, I put those plans into action. I eventually resigned from the wonderful space that I worked in, in the corporate space, and started my own practice as a hypnotherapist. And it was around that time I wrote the book three steps of inspiration for life. And my life shifted, you know, within the space of making those decisions within the time of actually resigning Also, I'd met the woman of my dreams, I got married. We've got two kids and a third one on the way now the shift to

move to Perth and so lots of things happened all at the right timing and all for the right reasons. And I feel like this time in my life again, something shifting. So you know, I want to talk a little bit about my involvement with Health Australia Party and and how I got to know those guys and I'll share that with

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Molly Knight 08:31

you. Yeah, yeah, please first because I think when you join a political party, for me, the thing I really liked about Health Australia Party was every single policy that I read through I absolutely agreed with and and I've never been able to do that with any other party that I had looked at and my own brother was a senator many years ago so I was quite involved in the Liberal Party but it never quite set for me and Health Australia Party is balanced and and they're careful and they really want the very, very best for everyone. I really love that about this, this party and that's why I stay involved and and spend you know time and want to make a change. So you please tell me tell me why you have chosen Health Australia Party.

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Bass Tadros 09:30

Well, like you I you know, it never really sat well with me voting and going to the elections and picking between blue and red. To me it felt like you know, like football teams. And it also felt very Tolhurst because a lot of the things that we see on the media is driving us towards one or the other. When one comes in, they override the other ones parties and policies. Sometimes some of those parties and policies are fantastic. And they are helping the community but the other party can't come in and let that keep going because it shows well for the other party's legacy, and so they override it. And yet person looking at bows, like, whose interest? Are these people acting in? Are they acting in their own interest? Or are they acting in their party's interest? Are they acting on behalf of the Australian community's interest. And what happened was, I was always a swing vote, I couldn't really pick one or the other. And it got to the point where I was just looking for the best of the worst of the options that I have. And it's like, Who's gonna do the least damage? Who's the lesser evil? But to me, that's not what politics is about in the future. And I think the future of politics is decent people that are not Korea, politicians, not people that have been institutionalized, because it's usually those ones that are institutionalized. You know, I call them political hacks. And what happens is they develop the tools and the tricks of the game to play the game, to their advantage, and to not anybody else's. And, and I've seen that I think all of us trade has seen that depends on how what level of awareness or what level of truth people are willing to admit, because some people are so blinded by the fact that they've got this loyalty for either red or blue. And they loyalty blurs the truth and the reality of the situation. And

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Molly Knight 11:33

absolutely,

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Bass Tadros 11:35

that makes a huge difference. And, and let's look at it this way. A lot of people think of it of like and dislike, I like that party, I dislike that one. What if we change that for a moment, and we looked at it from real and true. So instead of going I like this one and dislike this one, because maybe the one that you dislike is saying something real, and maybe what they're bringing something true to the table, and you're really throwing the baby out with the bathwater. Yeah, because you dislike them. And I think that's the change that we need to see in politics, real people representing people rather than being institutionalized and doing it to your advantage or to to whoever's advantage, even the party's advantage, because that doesn't mean the advantage of Australia, it doesn't mean the advantage of Australian people. And so I don't necessarily love politics, especially the old politics, the future politics I like because at least it's not about beating each other up. And it's not about trying to point out anybody's flaws in order to make ourselves look better, because I think that games being played to death. What we need is real leaders that are willing to provide real solutions. And they're willing to admit, even when they get it wrong, because I think that's what leadership is about.

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Molly Knight 12:53

Exactly. Yes.

B

Bass Tadros 12:54

If if we're not willing to admit it, when we're getting it wrong, then then we're potentially not sharing the entire story. So I like Health Australia Party For that reason, the fact that they are real people representing the people's views of people's best interest, and not their own and not. They're definitely not politicians in the old sense. They're politicians in the future sense. And, and I think that's what we need. You know, we've seen things happen in our life, like technology, disruptions, business disruptions, we've seen businesses that have come out of nowhere, that have created businesses of the future. Like, for example, Uber, they don't own cars, but they're the biggest transportation business now in the world. Airbnb, they don't own properties, but they're the biggest for housing and and even represented a huge transformations for the hotel industry. And so could Health Australia Party be the political party of the future that comes in without real politicians that come in with with, you know, the passion and the enthusiasm and the solution in the leadership

that drives an entire new generation of politics? I like that space.

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Molly Knight 14:12

Yeah, yeah, I like that very much. And I think one of the things that I've certainly been disillusioned with is the, what what I see as

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Bass Tadros 14:25

corporate, leaving our politicians, the corporations that I think seem to govern which way they vote and what they do, because some of the decisions that are made are definitely not in the best interest of you and I or the people more for the for the big boys club, maybe. And we've seen that and we've seen that largely with even if we look at just one portion of the corporate side of things, we look at the mainstream media. It's a it's a big part of the question. operations that impact politics and politics impact that there's a policy, I think, not that long ago that got passed or got changed a bill that went through. And it affected media in a large way. Because there used to be a rule that you can't have the monopoly of owning a newspaper, radio station, TV station, all in the same territory. And that bill that came through a couple years ago, shifted that and change that and change that role to you can do that. And so suddenly, people are picking up a newspaper, or reading it, and hearing and seeing the things that they're seeing, and hearing on radio or on TV as well. And it's all in the same mode of propaganda. It's not representing real or true stories, but it's whatever that particular media channel wants to represent. And so that's happening. And that wouldn't have been passed with fair governance, it wouldn't have been done if the persons involved. Were looking at representing truth for the people and cared about what the people get. And that people have an option to look at different things from different perspectives, and make their own choices. So things are shifting, and they've been shifting that way for a long time. And they need to shift back. And one of the things I like about Health Australia Party is they won't accept donations from a corporate entity. It needs to be from a real natural person, like you and I, and even then, if it's a big, significant amount, Health Australia Party asks, you know, who are you What do you want? Why are you contributing this and they try and ascertain the intentions and the intentions are because we want to have a way I get it, thank you very much keep you check. Abs but you know, so so that that's what interested me, I got to know Health Australia Party by interviewing them for community TV. So I was involved in community media for a few years. As a TV presenter and reporter, a largely because it's community TV a lot, a lot of that was voluntary. And, and I really loved it, because it gave me an opportunity to interview people from all sorts of walks of life from a homeless person on the street to a student to a university professor, to an MP to a minister to the governor of wi to mark McGowan to whoever it may have been that I was sitting in front of it

interviewing and it was really cool and interesting to sort of deep see and hear from different people from different perspectives. And it shapes you It shapes how you ask questions in how you interview.

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Molly Knight 17:44

Yeah, definitely. Yeah, certainly gives you a good good grounding for politics. That's for sure. Yeah. So what I'm giving you now going to be very heavily involved in West Australian politics. Do you see any particular issues from the West Australian point of view that you would like to see many differently.

B

Bass Tadros 18:13

There's lots of different things. I know, there's lots of banners, when you drive down towards the ports of no more live, as you know, livestock exporting and so on. And I've personally felt that even way before getting involved with Health Australia Party driving past the truck that's heading towards the ports with, you know, live animals, sheep, and you know, sometimes you can smell them before you can see them, you feel for them, because, you know, it's a tough situation, whether Health Australia Party support a decision to create policies around that or not, that's yet to be determined. I've only just found out with you now, that that it's official that, that I'm going to be running as a candidate for the next state elections here in March. And I'm excited about that. And I definitely want to make changes, that again, the changes are not going to be necessarily changes that I personally want to drive, they're going to be something from the team, there going to be something from Health Australia Party. And you mentioned earlier that they are very considerate, and they're very balanced in their views. So there's a lot of things that go in to look at making a policy and I take a lot of consideration and respect for that. So as someone that's never really had any political aspirations, I'm going to leave it to the people that have an understanding and more experience to help me drive the policies here. I think who has had lots of struggles with what we had here, at some stage where we're listed very low in the ranking for most livable cities. I think we were seventh or ninth or something like this. I consider that load because of how beautiful this city and state is. And it was because of largely we were looked at as a danger. Because of the, I think methamphetamines or the ice situation that we had here where people were on drugs, or there were meth labs and things like that. So that would be something I'd like to sort of see some changes in homelessness would be something I'd like to see some changes in. It's completely outrageous in this day and age and 2020, that we have the beautiful country that we have the beautiful city and state that we have, and we've got homeless people living on the streets, that's got to change the green law. Absolutely. There's somewhere within the vicinity of 2600 of the population of the people that are on

the streets, being children under the age of 12. So that, as a father allows me, it makes me think, if children are future, what are those thousands of children, our future doing on the streets? What can we do more? Again, it'll be something I'd like, you know, the party to support me on and to give me some direction on but they're the things that come up for me to answer your question as passion. Definitely more for allied health as well. I am a clinical hypnotherapist, and one of my going jokes, and I'll keep using until they tell me it's illegal to is the wise people.

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Molly Knight 21:25

Right, I like this Yes.

B

Bass Tadros 21:28

You know, maybe we've all been a little bit hypnotized by what's going on in the media and what's going on. And sometimes it's a distraction to what's really going on. I've definitely seen people getting sick. And literally, from watching the news because of the fear and the stress and the insight is that that creates. And so, you know, it's time we look at the regulations and hold people accountable, hold the media accountable for representing and sharing truth. And, and not, you know, I'm not holding my tongue on this one. I want to soften things and be balanced about certain things. And there's some things that we've got to say as it is, people really do need to start to I know, we're very low key in Australia, and we, you know, she'll be right, and then it takes a lot to get us all worked up. But people get more worked up about their football team losing, then they care about what's going on in reality in our country, and what's starting to shape our policies. We're starting to see some political maneuvers in this territory. So I've seen a petition that was done by Kevin Rudd about the monopolization of the Murdoch media. And I salute Kevin Rudd for that, and I'm sure there's going to be people that are for that and against that. Maybe he has his own way. Yeah, you know, and but but what I'm seeing is he's probably got a point as well, like, and, you know, nothing against Murdoch with a murder media. But it's more about do we want fairness for Australians? Oh, do we all want to be brainwashed by the same stuff? And that's what we've got to be on hypnotized from?

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Molly Knight 23:12

Yeah, yeah. Like that up. I always some think a really good example of people being hypnotized or hypnotic words be used is the toilet paper saga. You know, one official spoke out and said, you know, we might be coming in for lockdowns, you might have to stay in home for two weeks, make sure you've got some supplies, and toilet paper. That was his last word. And everybody frantically runs out for toilet paper. And I would go

around the supermarkets, I'd look at the shelves and the toilet paper would be gone. But then still be tins of baked beans and salmon and tuna and you know, essential oils that you need to live. But there'd be no toilet paper. Yeah, so well, it's a very powerful and the media does have a lot to answer for.

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Bass Tadros 24:07

That's true. Absolutely. And it's to the level of how much you watch and listen to that media is to the level of degree of how brainwashed someone really might be. The people that went and acted on that frenzy of you know, hot ism and hauling toilet papers caused the disruption to that whole industry into the logistics of it because the whole supply chain was affected by that. Absolutely.



24:33

Yeah. And it didn't

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Bass Tadros 24:34

make any sense. And I can like hand on heart. We made a decision my wife and I not to buy any toilet paper during that time because we said we've got enough rolls. You know, we may have already bought a pack of whatever 20 or 18 or whatever they come in. How long will that last us a few months. And we said well, we're not consciously we're not going to go and buy toilet paper during this time. It was like our little strike and if we run out you You know what, I'll come up with a solution maybe?

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Molly Knight 25:04

Well, toilet paper hasn't always been around. That's right.

B

Bass Tadros 25:08

You know, and, and no one's gonna die with a shortage of toilet paper. But it's the it's the mindset, and the frenzy and the mentality that people have. And I can guarantee you that some of those hoarders still have a garage, or a shed full of toilet paper that's probably going to get destroyed with the weather before they even get.

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Molly Knight 25:29

Yeah, yeah, that's true.

B

Bass Tadros 25:30

I'm sure of that. Yeah. Unless they're planning to sell it. I'm not sure. Maybe they're very kind hearted people, they've gone out and bought all that toilet paper, so they can give it away to their neighbors in case they have a shortage?

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Molly Knight 25:43

Well, you never know.

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Bass Tadros 25:44

You never know. I don't judge the book by its you never know. But But you're right. And that is exactly the mentality that that kind of panic creates. So you know, from early on, we were sort of seen with what was happening with with the situation globally, that that there was announcements that were so driven from fear and panic, and people were getting unwell because of that fear and panic, before they even get any contraction of the virus before the virus even made an entry into our territory or country. And that's, that's a big thing, that is a huge thing, for where media needs to be held accountable for what they report and how they report it. You know, rather than creating the circus that they've created, they could definitely do better. And, you know, there's no doubt that the media will also look at ways to to put Health Australia Party down just because we're different. Just because when you just because, I mean, we're not that new. We've been around since 2015. But that will always be something that they'll go, you know, these guys don't worry about them. Look this way.

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Molly Knight 27:01

Well, yeah, I mean, we're for natural health and allowing natural therapies to blossom. And of course, that goes against the grain for big farm farmer or the, what does Isaac call them the farmer kill the drug cartels? And they don't, they don't like natural therapies because they can't paint and our products, you know, herbs and vitamins and homeopathics, which work amazingly well. yet. You know, they're not doctors aren't allowed to use these things. And I mean, they're really not. We live in a village, I just tell a quick story. We live in a little village. And we went there was a new medical center built so my husband I trotted down and a female doctor, an Indian woman, excuse me, went in and I said, Look, you know, I'm just here for a checkup and on getting on in years, so I better have a checkup. I hardly ever see the doctor. But I said, I'm a herbalist and I love

homeopathy. And oh, she said, I love homeopathy. So I thought, oh, wow, this is awesome. A GP who loves homeopathy? She said, Yes. She said, My mother had a problem with her arm for seven years, and the medical profession could do nothing. And she tried everything. And then we took it to a homeopath. And within a couple of months, she was totally okay. So she said, I really like homeopathy. So I said to her, Oh, good. So you use homeopathy? Oh, no. She said, I'm not allowed to use homeopathy. I can't use it in practice. So the well hang on. Really, something's wrong with this picture. Because he is a doctor and doctors, maybe they need to stand up a little bit. Because these doctors they know the value. And worldwide doctors in Europe and particularly India use homeopathy and herbal medicine all the time. But you know, these doctors are so I think scared of the repercussions if they dare to use any of these therapies. And certainly the integrative doctors get a bit of a beating every now and again as well. Yeah,

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Bass Tadros 29:16

yep. Well, look, homeopathy and Aveda and other practices have been used for thousands of years, especially in countries like India. So they do know the benefits of them. It's, that's another thing that we need to look at here in Australia is the gag orders against doctors speaking out. The huge That is right, isn't it? It's really it's, it's out there with the whole burning of the books thing. So we got to be, you know, liberal with freedom of speech and honest about some of these things. And, and yes, I've heard of doctors, some of friends that that have, it's their livelihood, and they're afraid to speak out about some of the things that they see because they're afraid that they will lose their license to practice. And yes, you know, and and rightly so. But the, the issue is we need to look at these policies who put these laws in place for doctors. If doctors are scientists, then then a true scientist is always out there looking for the, the efficacy of something and the benefit of something. And if it doesn't have that efficacy or that benefit, then why do it? Why use it?

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Molly Knight 30:30

Yeah, exactly. Yeah.

B

Bass Tadros 30:32

And, and so I think there's a huge issue again, and it comes from that corporate influence. And Big Pharma is a big corporate, it's billions of dollars, you know, a year kind of industry. And, and banks are a big influence to governance and government. So we need to look at these things. And we need to establish a fairness, if it was up to me, to bring in a new policy in Australia, it would be a policy of fair and transparent donations to two parties to all parties. So if someone's donating any amount, and small or large, because I

think, to get around that, at some point, they introduced something along what I'm talking about here. So what I'm talking about isn't a pioneer and pioneering idea. But what they did is they said, over a certain amounts, so then it doesn't stop people donating under that amount, and making that a daily thing, or every five minutes, or whatever it may be or a weekly thing. And that totals up and adds to a whole new picture. And and we don't see it, because that rule kind of blurs the truth. We need honesty, we need transparency, especially in governance and in leadership. And if we've got that level of honesty and transparency, then we can we can make better decisions we can make. You know, we can hold people accountable as well, we can hold ourselves accountable. Exactly. Yes. That, huh? Yeah. And then another one would be that doctors don't get into trouble for for speaking the truth. If they see that a certain drug or a certain medicine or a certain anything is causing more effect than benefit. They should get rewarded for speaking out about it because it's saving lives. not panicking.

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Molly Knight 32:34

Yeah, that first do no harm. They need to remember that I think,

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Bass Tadros 32:39

yeah, that's right. It's a Hippocratic oath, not his hypocrisy. Oh,

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Molly Knight 32:45

exactly. Yeah, we need a lot of change, I think and I agree. We need your rights. We need people in politics who are free, free to be able to speak up because they're not bought by any particular corporation or ideal from certain people or corporates. So yeah, transparency, freedom of voice, freedom of speech, which is being taken away at a great, great rate of knots at the moment of afraid.

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Bass Tadros 33:24

Yeah, absolutely. Yeah. It's it's crazy what's going on around the world at the moment, we've got a US election. And we've got social media outlets saying that they're going to do another gag on on the president. You know, I think, first it started with Twitter, senior officials, and people like that saying, Yeah, we need to silence him. And then, and then shortly after, I think it was online news or something, I read it where he was silenced. And like, how do you do that? How do you do that to someone? Anyone, it doesn't matter who the person is, whether they like or dislike, whether they vocal or they're not vocal? Just how does that work? I don't understand that. Something wrong with that picture, isn't

they? Totally. And why are people are asking more about these kind of things and, and trying to figure out who benefits when we silence someone? How does that affect freedom of speech? What does that represent to people's freedom when you silence them? Isn't that a nice thing to do? Is that the right thing to do? Is it a kind thing to do? You know, again, there's definitely something wrong with that picture.

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Molly Knight 34:40

Yeah, absolutely. And you're right, you need to ask who benefits? Or as they say, follow the money, I guess, isn't it?

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Bass Tadros 34:49

Totally. And the same thing can be said about when we're dating doctors speaking up about things who benefits? How does that work? Well, you know, threatening them with \$10,000 fines or imprisonment or losing their doctor's license? How does that encourage that we continue to improve the system? This is, again silencing and gagging it just really, in 2020, I think we were, we should be more evolved than that, if I could use the should word, but we couldn't be more evolved than that we can certainly improve our game. And we're not going to improve our game by silencing and and gagging. People and you know, but the only way we'll do it is to hold people accountable, to be honest and transparent. And to say it as it is, will share what's going on for real and let people make decisions and choices based on that. Try it.

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Molly Knight 35:45

No choice is a big thing, isn't it? People really, we're not silly. You know, we know what's best for us for ourselves. And, and I certainly think people need to have all the information, the good, the bad, and the ugly, and then they can make a choice that's right for them, which may be very different to a choice I would make.

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Bass Tadros 36:07

Yeah, I agree. I totally agree, Molly, and I operate from that policy myself. And from that place, that I trust it, you know, that even the justice system, it says, basically, it's innocent until proven guilty, right? Trust that people are more intelligent and smart enough to do the right thing, then then thinking that they're stupid, and they have to be told what to do. The biggest surprise I've had during the 2020 surprises, is some of the most intelligent people I know, have vocally said, No, we shouldn't trust people. And yes, we should enforce certain things that take away people's rights, because people will know what to

do with them. And that really shocked me, it really surprised me, because that's the level and the degree of brainwash people have had. And I just, I want to make it so simple that when I say I trust, as a parent, I trust my children to do the right thing. I operate from a place that I'm raising decent human beings, new human beings, they're still young, very young, you know, I've got to under five, and but I trust that they're going to do the right thing. And I operate from that place. And more often than not, they do the right thing. And even when they don't, I go well, they're under five, and they need some guidance. And by that way, I'm reinforcing their own, you know, intelligence and their own leadership qualities, not taking it away from them. And so to see government do that, in other places, like Sweden, and Switzerland and other places, I'm really saluted those places, because they've obviously given people the freedom to do the right thing with the trust that they they know what's good for them. If they're not feeling well, they're obviously not gonna go out. But But, you know, it's fundamentals, but to operate, where we have operated here from a different space. That's, I think that's something that could change for the better. And, you know, I was speaking to a very intelligent gentleman who is got a PhD in analytical chemistry. And he said, and he's also spent a lifetime in risk management, and risk mitigation. And he said, you know, trying to do what's been done here by the Australian Government doesn't produce a level of risk mitigation. Risk, mitigation would have been who's at risk, ought to be elderly, they need more support, they need more nursing, they need more care. Fantastic. Everything else needs to continue to some level of normality. But blanket, lockdowns and closing things down is like saying we've got people dying on the roads. 200 people a year. So we've got to take everybody off the road, no one's allowed to drive rather than, you know, risk mitigating Godot, who are the people that are at risk? Is that people not wearing seat belts? Are they drink driving? Are they on high speed highways? And is that is it a particular area where that's happening? Is it intersection? That's risk mitigation, trying to find out what's going on and risk mitigating it to the largest degree rather than blanket? blanket anything? And I'm sure everybody would have been up in arms if we had a policy introduced of no one's allowed to drive anymore. You know,

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Molly Knight 39:23

yeah, that's a great comparison. Because it um, it hasn't made real sense, the way this whole thing has been handled in terms of dealing with an outbreak of infection, you isolate the vulnerable, and the rest of the world goes on its way and you don't break down economies and, and they have a suicide rate escalating and, yeah, there's a lot of units not handled well.

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Bass Tadros 39:52

Spot on. I mean, yeah, that's things that are going to come out in the whitewash. They're things that we'll find out a lot more about later at the moment. The media hasn't been sharing any of that information about the people that have healthy perfectly well people but just because of the lockdowns in the US, perhaps not having the right coping tools have gone down, you know, the sad statistics of suicide, we already have a high suicide per capita in Australia. As that's another big area that's very close to my heart, because I'm very much pro life. Even in the title of my book three steps to inspiration for life. I'm actually I would have loved to say three steps to inspiration pro life, you know, that for life made sense, because it played on both sides of that the inspiration for life as well as per life. And and so that is a topic that's of interest to me. Another one, obviously, that we won't hear about is the statistics of family breakdowns and domestic violence and the things that have happened as a result of this blanket rules that have been applied. And these are things that could have been avoidable.

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Molly Knight 41:02

Yes, absolutely. You know, and

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Bass Tadros 41:06

it, did it. exasperate the inevitable for some of them, maybe relationship breakdown, potentially. But did it have to be that way? Not at all, you know, the kids that are going to be traumatized, from those experiences, that families that there's a lot of things that haven't been equated yet. And again, it'll come out in the whitewash later on. Also, looking at the statistics with this analyst. Another really interesting thing that he said is people seem to be living longer. So life expectancy is going up compared to last year, men that were on average, living up to 80. They're now living up to 82. women that were living out to 82, they're now living up to 84. And what that could do is also explain some of the statistics of the people that didn't die last year that were supposed to have died in 2019, because of pre conditions like cancer or other sicknesses that they had. They live longer. And so they've lived into 2020. And they've showed up on the numbers of the so called deaths that that we're seeing in the in the statistics and the numbers and the danger with statistics. It could be used either way. So yes, yeah. If we look at that life expectancy, if we're looking at full picture, rather than half pictures, and and, you know, turning things to suit the narrative that certain people wanted, that will represent a whole new different level of truth. We're not on a fact finding mission, I guess, as part of health Australia, it's going to be about more about what can we do to help our communities? And what can we do to do things differently? for the better, not differently for the written for the sake of difference? I'm not really interested in recreating the wheel. But it's more about the difference of what difference can we make? How can we make a difference to people's

lives? How can we add to the quality of people's lives? I think that's what's important. I love the five pillars that Health Australia Party represents. I also love the foundation, the reason that Health Australia Party exists, from speaking with the co founder, Dr. Isaac Golden, is to represent the holistic and the allied health and, and people that previously until now, the struggle to have a voice. They're doing great things for the community. I love going to see my chiropractor I love going to see and naturopath I love going to see why should those people be disadvantaged by a system that doesn't understand them? And perhaps that's all it really comes down to. It's just that they're there. Their message their voice hasn't been heard and they haven't been understood. And so they've they've been taken off things like the the extras on your private health insurance. You know, that's a that's that's a shame because they do a great thing for the community. I love going to see an acupuncturist. I love the choice of going to see in a person that holistically looks at me.

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Molly Knight 44:09

Yeah, and that's that's really important word I think this is that it's choice. You know, we all have that right to have choice of how we look after ourselves and our environment.

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Bass Tadros 44:21

So perhaps that's one of the big thing for me is pro life and pro choice. Taking People's Choice away from them, and especially when it comes to the health and their body. That to me is another definition for slavery. I mean, is that a modern day slavery, like if you don't have autonomy, then have control and you don't have choice over your own health and your own body and what people can and cannot do with it. Then what control do you have in your life? Yeah, good point. Good point. There are things that people need to really start getting passionate about the other things that people that get fired up about their football teams winning or losing need to stop getting fired up about because our society and our country and our freedoms need to be within reason balanced, and currently the balance is going out the window. And and if this isn't the time to stand up and be heard and make noise, about your freedom, and about your health and about your family's health, that when is. And so I encourage you, I encourage other people, leaders, and they don't have to be leaders in politics are leaders in the field of natural medicine or any of that sort of stuff, just leaders in their own household leaders in their own right, to stand up to look at Health Australia Party, when they become a candidate, come Run with me, I will put you ahead of me, I'll vote for you. My my aim here is not to try and do this. For me. This is for Health Australia Party, this is for what good we can do what influence we can have for our community. Yeah,

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Molly Knight 46:06

yeah, something that other people so that we have, get our choices back and have have have our rights reinstated, because they have definitely been eroded. And, and it is time it's time to stand up and, and stand up for ourselves and take back our freedoms.

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Bass Tadros 46:23

But that has to be the way and you know, the key is, I think, what shapes these freedoms, and this is, again, largely one of the reasons why I've gotten involved with Health Australia Party is politics. and and the the biggest surprise that I've had is a lot of people don't understand politics, a lot of people don't understand voting, a lot of people don't understand the difference between an upper house and a lower house, the difference between the big paper and the small people when they go to elections, you know, and and they need to understand that they need to make their votes count. It's that's a civil journey. That's that's the, you know, their, their right to choice is to elect a fair party and elect somebody that's going to represent the majority's voice and, and, and fairness, and balance. And if that I do that, then why are they expecting a change? And I think this is the biggest thing in society at this time is everybody's going poor little me, there's not much I can do, somebody else is going to come and do it, potentially looking for a savior or looking for, you need to be your own Savior, you need to get up make that decision, you need to get fired up about what counts and what matters. And and if your choice doesn't count, and it doesn't matter to you. Think about your children, think about your future, think about their future, think about, you know, where will we go with as a society as a country? If those things aren't accounted for and heard and acted on now?

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Molly Knight 47:59

Yeah, absolutely. And I think a lot of people don't feel that they make a difference. But every single person makes a difference. Every voice counts. And there's not one person on the planet, that's any more important than anyone else, from Queen of England to the person who sweeps the streets. We are all important. We're all equal. And we all count.

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Bass Tadros 48:28

Totally agree. And that's the truth. And the more people start to get aware and conscious of that the the better. Because if you think about it, the entire collective of society is made up of individuals. And if each of those individuals started to make their choices count, then we have an entire society that makes the choices count. Every individual in that society said, well, it's not up to me, it's up to somebody else, to shape our future to shape out,

then we have an entire collective of society that have lost care, they've been more passionate about what be brandley drink and which team they follow and what colors they support. And then their entire, you know, freedom. Yeah. And that is how freedom gets eroded people becoming complacent and careless. And when we need to change that

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Molly Knight 49:21

each individual every person needs to be accountable for for their choices. Yeah, absolutely. And and certainly I believe, that's where Health Australia Party comes in, because we will stand for the people really for the people and

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Bass Tadros 49:37

that's what matters. And we need that we definitely don't need any more political hacks, political institutionalized people, people that will use the system to their advantage and get away with it. People that know how to to bend the rules just enough for them to not get into trouble. We need people that are real people. That will get up and that will do the right thing. And if they make a mistake, they'll say we've made a mistake. Owner, whether that then keeps him in that seat or get some fight or whatever, doesn't matter, but as long as they're honest, and I remember, there was a time where that was actually happening, at least in my lifetime. I've seen it once. I lived in Victoria for some time. And I remember there was the premier of Victoria after. After Jeff was Steve brax. And he was decent. I think he was a real person, not a career politician. And something happened. I can't exactly remember what it was because I was still quite young. But I remember that maybe son got in trouble or something happened. He said, You know, I'm gonna put my family first I'm going to step down.

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Molly Knight 50:44

Yeah, that's right. I remember this year. Yeah. To me, I think

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Bass Tadros 50:48

it's the only real political person that I remember. We had some realness about him. Since then we've seen parties that backstab each other. I'm not saying this to make anybody else look bad. I'm just pointing out my observation and why voting for me was always difficult, who's the lesser evil party? backstabbing each other people that got elected, we elected a certain prime ministers, and that the majority voted for at least, and his own party removed him and ad hoc for somebody else. And we've seen that from both sides,

the red and blue. Yeah, we're at a time right now, where the current Prime Minister's first that's been elected, but hasn't been kind of pushed under a bus by his own party. So yet, that's yet to be determined. But for now, he's like holding a record. And that, to me, is a state of sad state of affairs. And, you know, we were before the toilet paper, that was what Australia was known for. So we had a political circus going on, where, you know, it's like, Who's your current prime minister? I don't know, is he still in, or she's going out, at some point. And then, and then the toilet paper incident happened. And we had everybody, every man and his dog around the world laughing at Australia, being hoarders of toilet paper. And so this comes back to those choices that as individuals we need to make with the care and the thoughtfulness of knowing that it affects the entire collective society, community, if you like, of Australians, so if people think about that with with the mindfulness and with the level of respect that it deserves, they'll make different choices. They'll make better choices, potentially. Or at the very least, if they make poor choices, they'll have the backbone and the decency to get up and say, I've made a poor decision. And he, I'm here to admit that, you know,

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Molly Knight 52:57

the color of the new politician opens open, transparent. Yeah, I watch him and she's

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Bass Tadros 53:05

real, you know, real. Yeah. And we've seen that with another color Funny enough, and I was gonna hold this one, and bite my tongue bow, even the greens, who I used to think at some point represented the nature and looking after the environment. I'm not going to diss them. But I'm just going to say the leadership decisions and their preferences. And I think people should be asking the question, are we voting for the greens? When we vote for the greens? Are we voting for labor? And it's just an observation. I'm not saying that to beat anybody up. I'm just asking this question, because at some point when I didn't know who to vote for, I looked at grades for for a while, you know, and, and now, I know that when I started to give my votes to the minority parties, it was because the greens didn't look like a minority party, even before they made those preferencing decisions, something felt like there was a shift, there was some sort of maybe a handshake or some sort of deal that was happening that perhaps we didn't all know that. I don't know. That's the thing. We need more minority parties, because minority parties in Parliament, help balance out decisions and face. Exactly, you know, and represent people's voices. If we don't have that, then then the whole landscape is going to look very different. Who's going to challenge when those policies come through? Who's going to question why are we making this particular change? Why are we passing another law? Don't we have enough laws?

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Molly Knight 54:49

here Yes, yeah, we need balance, which we don't have

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Bass Tadros 54:53

any balance and and we need people to start to care and understand about politics because it is at a loss level, shaping our country and shaping our rules. Our health, as we know, it is determined by some of these policies.

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Molly Knight 55:09

A whole lot. It's

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Bass Tadros 55:11

our whole life, our whole life, our economy, and and many, many, many more aspects of our life and determined by these policies. And at some point, I have to say it with truth and hand on heart, I didn't care much for politics. Like I said earlier, I didn't know enough about it. And not enough people do, it was never really explained well enough. And the subject is so dry when you start to do research on politics. And the territories are the voting and the electoral and the ballot paper and all the different rules and policies and things is really, really quite dry. And I guess that's why not enough people take enough interest in politics for them to to want to make a difference or a change. But finally, we have people like Health Australia Party going, you know what, we need to make some changes. Let's make this a level playing field. We are a minority party. And I'd love to see us get some seats in the next state elections. So let's see. I mean, at the end of the day, that's going to be determined by voters.

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Molly Knight 56:19

Exactly. And I think you know, I mean, it's, for me, it's very heartwarming to have someone like you on board who has has the same aims, certainly, that I do. And I think most of us involved in Health Australia Party, feel exactly as you do. We want honesty and truth and transparency and real people at the helm.

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Bass Tadros 56:47

You know, what makes us similar is our values. You know, I've always valued my family and family, for me always comes first. Maybe that's what I liked about Steve brags,

because what he did, he spoke his truth. And he said that his family mattered more than that job. And that's why he stepped down. And what you are doing and what pretty much everybody in Health Australia Party is doing is they're looking at their values. And we're sensing into Health Australia Party values. And if it aligns, it draws you, if it doesn't align, it won't draw you. And that's okay. It doesn't mean you know, you're a good or a bad person. It just means your values. If you value future, if you value family's future, if you value health, if you value the freedoms that you have, if you value the freedoms that you had yesterday, if you had, you know the freedoms that you had in 20 1928, if you value those, you don't know what's going to happen at 21 or 22, or 23. What's come up in 2020 was a big enough surprise, me naive to think that we're not going to have things like this happen again and again. And when those things happen, will you still value freedoms? Would you have wished that you'd made a choice and taken a more active approach in life rather than reactive or passive to influence decisions, through your votes or through your support or through your membership? It's free to join, I think that Health Australia Party, for the moment, could be stand corrected. I'm sure. Dr. Isaac golden was with us on this call. He corrected me a few times I love that. But I think it's free to join at least as a member online. It doesn't cost anything to join, become a member, get to know the policy, check out Health Australia Party Comdata, you look at what we stand for the Constitution is on there. Look at the people that are on there, and their backgrounds. These are the things that that's all it takes to take an active role is to actually look at what the party stands for. versus going on my grandmother and my great grandfather and the people before them voted for blue. So I'm going to go blue, and are no no, but my auntie goes for red. And I like and so I'm not going to go for red, and all that sort of stuff. forget those loyalties, because the loyalties that those grandparents had for those parties. They'd be they'd be changing those loyalties themselves right now, if they'd seen some of the things that have gone on party's under the bus that didn't happen in your grandparents and your great grandparents his lifetime. So if you look at those things, you know, I'm all about loyalty. I'm very loyal to loyalty. But I'm not loyal to stupidity. I'm not loyal to be naive. I was naive yesterday. Today, I've learned from that liability, and I make changes. So you can choose you can choose to be loyal, but you and the greatest thing about loyal is stubbornness. Or you can choose to be stubbornly educated and informed and start looking at what other parties are presented. Look at other minority parties, not just the Health Australia Party, and look at what they represent. You know this if they represent something that you feel strongly towards, give them your vote, give them your membership, give them your support. If we represent something that makes you happy and feel like, well, this could be right. But they're a minority party, what can they do? We need your support, we need more people to, to give support for us to be able to do something, otherwise will be the greatest thing that you never supported. Now, so, you know, that's what made me make a decision. And and, again, I don't see myself as a politician. I don't like politics. But, but it's a necessary thing. Yeah, you can't say that about

accounting, for example, and have a business, you got to say, Well, I don't like accounting, but I'm going to hire a fantastic accountant. And I'm going to support him and understand things from him. Because otherwise my business might survive. You know what I mean? I don't like Exactly. taxation. But okay, as a business owner, I've got to learn about it, I've got to understand that I've got to abide by the rules of the taxation department, I've got to respect that. And if I don't understand that, I've got to have a good accountant that can explain it to me. And there's lots of things like that in life. You can't just out and understand politics, I'm not going to do anything about it. But I don't think that cuts it anymore, not after 2020.

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Molly Knight 1:01:18

It's certainly a different world now that we have right now. And that we're moving into, and we do all need to, to stand up. And yeah, join the little parties, does cost you to join health Australia, if you want to be a full member, it's \$25 a year. But we do have the availability of free membership if you you're struggling and you can't afford to join. And we understand that, particularly in these times with so many people losing their jobs, but and you know, as a small party, we need support financially so that we can do talks and get to people and, you know, get our word out there so that everyone knows what we're all about as well. But it is time for people to stand up, we can no longer sit back and say she'll be right mate. Because across the globe, she ain't right mate. And change occurring, really serious change that we all need to be aware of. And to stand up against if you don't like it, or if you like it, that's fine. But that's your choice. And we need to be able to make that choice. And that's what Health Australia Party is all about.

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Bass Tadros 1:02:35

Yeah, totally agree. And Molly on Monday here in Perth, Western Australia, there is an event that Health Australia Party is doing. I think Emily may have been our Secretary of State has shared the the flyer on the web Health Australia Party. But yeah, I think that's a great thing to get to live events that Health Australia Party does. And you know, they're very educational. They're very informative. We get some great speakers, I think she's got a microbiologist talking about some some different topics, about virus and about how virus travels and how virus lives and all that sorts of stuff. That's going to be a technical talk a bit over my head. But you know, the

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Molly Knight 1:03:21

truth of how these viruses really do work, isn't it?

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Bass Tadros 1:03:24

Definitely, definitely. And so yeah, we we often get really great speakers that come in and talk about some really interesting topics that to keep our community informed. And that's what it's all about. I think raising more awareness, educating and informing people so that people can make informed decisions. That's the key.

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Molly Knight 1:03:45

That's the key. Yes, you're quite right. Well, on that note on the informed decisions, bass, I'd like to thank you very much for joining me tonight and congratulations and welcome to our team. And I look forward very much to working with you in the future and giving. Let's hope we can do some really great work together and get get you elected in wha in March next year.

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Bass Tadros 1:04:14

Thank you, Molly. I'm very confident that we will do some great things. I appreciate that. Thank you for the great surprise and this announcement today.

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Molly Knight 1:04:22

No, that's my great pleasure. Thank you best. Okay, thanks everybody. Thank you so much for joining us tonight and I'm very excited to to have Beth on board and to be getting some some really good work done in wha they do have a very strong team there in the state branch and call out to argue with Australia's please support them and and let's really make a difference with the Health Australia Party. Good night from us.